

*Compliment well-behaved child/children when you're leaving a restaurant.*

*Help someone clear their car of snow/ice, rake some leaves, or other odd chores*

*Pay for someone's meal or cup of coffee.*

*Invite a senior who's alone in a restaurant to sit with you.*

*Send a card or letter to a friend or relative for no other reason than to bring them joy.*

*Leave a thank you card/note along with your next tip.*

*Volunteer some time at your local animal shelter, either for cleaning or playing with the animals.*

*Buy or make a bunch of cards (great for kids) and drop them off at a nursing home or hospital.*

*Also great for kids; make colorful and patriotic pictures or collages for local veterans hospital or organization.*

*Pay for someone's car wash in line behind you.*

*Drop off a thank you card, for the clergy, in the offering plate at your place of worship.*

*Offer to babysit for someone for free, so they can have a night out.*

*Send an email to someone with a thoughtful compliment.*

*Lend a sympathetic ear to someone who obviously needs one.*

*Send a letter or card to a teacher or someone who has inspired you.*

*Bring flowers for the receptionist at your next appointment.*

*Buy a gift card for gas or groceries and mail it anonymously to a neighbor.*

*Help out at the next fire company fundraiser; or, find out when they're having their next meeting and offer to supply baked goods for them to enjoy.*

*If you have the know-how, offer to help a family member prepare their taxes, draw up a budget, or use their computer.*

*Help out the mother of a newborn by volunteering to do a little housework for free.*

*Please see these links before for some more kindness inspirations:*

*<https://www.youtube.com/watch?v=KKyPBJKTccc>*

*<https://www.youtube.com/watch?v=oXBnj8onRpo>*